



# Arrowhead Martial Arts Academy

"Empowering Today's Youth to Become Tomorrow's Leaders"

Glendale  
20165 N. 67th Ave  
(623) 937-9032

## Cage Fitness

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Glendale 12-12:30 pm		Glendale 12-12:30 pm	Glendale 12-12:30 pm
Glendale 7:50-8:10 pm			Glendale 8:00-8:30 pm		