



# Arrowhead Martial Arts Academy

"Empowering Today's Youth to Become Tomorrow's Leaders"

## Cage Fitness

Class Schedule  
15459 W. Bell Road  
(623) 556-0371

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Cage Fitness 12:00-12:30 pm
		Cage Fitness 7:30-8:00 pm			